

A Place to Nurture the Self

# Face Body Spirit



Therapeutic Massage & Customized Skincare

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For This Month's Specials...

[Click Here](#) or go to:

[www.facebodyspirit.net/specials.pdf](http://www.facebodyspirit.net/specials.pdf)

To Make an Appointment..

Call (603) 436-0900 or go to:

[www.facebodyspirit.net/appointments.html](http://www.facebodyspirit.net/appointments.html)

## Massage and Skincare Packages

For that special day, congratulations, or birthday surprise, we'll create a custom package (any combination of services for the Face, Body, or Spirit) in the form of a gift certificate...all wrapped up with a bow!

Package possibilities include:

### The Combo

Enjoy 1 hour of Face + 1 hour of Body = 2 hours of Spirit in the same visit!

\$155

### Bridal Beauty & Relaxation

Soothing 1-hour massage & rejuvenating 50-minute facial for the bride-to-be.

\$155

### The Outdoorsman

Restore what the elements take away with 1 hour of nourishing skin and hand care, plus a 1-hour massage!

\$155

### 60-Minute Oasis

Soak your feet in a kettle of warm water with a blissful mix of essential oils, sea salts, & medicinal herbs to: 1) soothe and restore; 2) increase metabolism or circulation; 3) eliminate toxins; and 4) reduce fatigue, soreness, or muscle tension

\$60 (60-Minute Oasis for One – includes 30-minute massage);

\$120 (60-Minute Oasis for Two – includes two 30-minute massages)

### Nurturing the Mother

Indulge in a 1-hour massage for expectant moms as well as a 1-hour facial to nurture hormonal skin.

\$155

### Teen TLC

Teach your teen to properly care for his or her skin with a 50-minute facial and de-stress with a 50-minute massage!

\$145