

To Our Valued Clients:

You may notice some changes on your next appointment. As we comply with the Covid-19 safety protocols, things will look a little different. We want to make it as seamless as possible though. Our goal is for you to feel comfortable and relax into your experience.

When you arrive for your appointment, just text us or give us a call to let us know you are here. We will instruct you to come to the side entrance and we will greet you at the door. Please wear a mask/face covering or we can provide you with one. Your therapist will take your temperature and do a quick COVID risk assessment, asking a few questions. You will be asked to wash your hands and sign a waiver of liability, then proceed to the room we have sanitized and prepared for you. You will remove your street shoes at the door. Once you enter the room the protocol will be the same as usual for undressing to your comfort level. Hand sanitizer and/or soap and water will be provided for you to refresh if you'd like.

You will be expected to wear a mask while facing up and may remove it while facing down in the face cradle, as we will have a double layered protective covering that protects, yet allows you to breathe. Your therapist will also be expected to wear a mask/face protection and follow the COVID risk protocol. As usual, our hands and arms will be washed thoroughly before and after each service. Our work aprons will be changed as well. Gloves may be worn if you prefer. Extra time is being allowed after each appointment for cleaning, sanitizing and disinfecting of the room and surfaces. All linens will be changed and tables, face cradles, and bolsters cleaned and sanitized. Disposable rubber gloves will be worn while cleaning.

The room will be minimally furnished but has a nice skylight for light, and, we are excited about having some new music to help transform you into total relaxation. Your feedback is welcome to ensure you the best experience for your comfort and confidence in us.

Payment may be made by credit card following your appointment. We will take your card for processing with sanitized hands and keyboard, and return it with a copy of your receipt. You may also prepay over the phone prior to the day of your appointment, if you prefer. Follow up appointments will be scheduled manually by your therapist for now. You can rebook at the completion of your appointment or contact your therapist by phone or text as your schedule allows, similarly to when you were booking online. Spaces, however, will be more limited, so we encourage you to plan ahead. We hope to make this transition as smooth as possible. Thank you for your trust, we look forward to seeing you!

Sincerely,

Claudia & Andrea